

ANNUAL REPORT 2023

L I F E S E R V I C E S
A L T E R N A T I V E S

www.lsahomes.org / 408.727.3493 / info@lsahomes.org





**Life Services Alternatives
Over the Years**

LSA Bldg #2 & #3
Nov. 1, 2002

CORE VALUES

MISSION

Life Services Alternatives provides exceptional community living and programs for adults with developmental disabilities.

VISION

Life Services Alternatives believes all people with developmental disabilities have the right to live life to its fullest in our community.

THE HISTORY OF LSA

Life Services Alternatives was founded by parents who had a dream of establishing homes for their adult children with special needs.

In 2002, LSA began a journey to establish quality homes and nurturing services so that adults with developmental disabilities - including those with enduring medical needs - could receive life-long services while living in a community, not an institution.

Since that time, LSA has grown to fifteen homes, in four cities in Santa Clara County. In addition, we have an in-home day program and a Community Integration Training Program which includes life skills training, meaningful and integrated community activities, and volunteer opportunities.

BOARD OF DIRECTORS

John Pencer - President

Tina Underwood - Vice President

Michael Phillips - Treasurer

Fran Goodwin - Secretary



Joanna and Amber on an outing in Santa Cruz.

MEMBERS

Maurice Leibenstern, Member

Greg Dalzell, Member

Olenka Villarreal, Member

Christine Wang, Member

Bob Marshalla, Member

Lee Nelson, Member

Sandra Castellano-Bustos, Member

Ramaswamy Ranganathan, Member

Chris Burke, Member

Matthew Norris, Member

Ahmed Taufiq, Member

Steven Minchen, Member

Bruce Wolfe, Member

Dave Hovda, Member



CITP at Westhope Valley Church



Rivermark II Staff Spotlight



Patti and Allen on International Day.

LEADERSHIP

A LETTER FROM OUR EXECUTIVE DIRECTOR

November 2023



Dear Friends, Families, and Supporters,

2023 has been an exceptional year for LSA. As we look back at the past year, there is much to celebrate. We are very grateful for all of the donors who have allowed LSA to provide the exceptional community living we strive for. Our vision of Creating Home, Changing Lives so adults with intellectual and developmental disabilities (IDD) can live life to its fullest in our community is thriving. This is mainly due to our staff's commitment and dedication to our residents. Day after day, our staff works with the individuals in our homes to help them grow and thrive. For this, we are incredibly grateful. Our staff are so dedicated that we had ten employees who celebrated working at LSA for fifteen years this year.

One of our employees, Tonga Chapman, was recently honored by the San Andreas Regional Center (SARC) for the Direct Service Provider of the Year award. She was nominated by a group of parents who appreciate all she does for those who live in our Cambrian home. In Spring, we held our fourth Home is Where the Heart Is event. Regina Stoops served as the emcee and provided comic relief. Singer James Durbin told his incredible story and entertained us with his singing talent.

Throughout the year, trips and excursions are taken by the residents of our homes. This year, one group went to Disneyland while another went to Universal Studios. Whether they are going to visit a place nearby or traveling further away, everyone enjoys a fun outing.

LSA was chosen by Rebuilding Together to be the beneficiary of work done to the inside and outside of our Cambrian Home by the generous company Silicon Valley Mechanical. They added a pergola, planted new plants, cleaned up the landscape, power washed the outside, and painted the inside to refresh our home.

Our educational series, Ideas, Topics, and Trends, was presented again this year. This series of topics related to persons with IDD is very popular. Our speakers and topics have people tuning in from all over the US.

In addition, the Art of Inclusion came back this year with a few changes. This year, we are partnering with San Jose State University and The San Jose Museum of Art. Our interested residents partner with students to develop and bring an art project to life. This allows those individuals in our homes who have an interest and talent in art to pursue their passion, increase their social skills, and make new friends.

LSA's Run Home was also a big success this year. It was held on a beautiful day in September at Baylands Park in Sunnyvale. We had runners, walkers, and rollers who raised funds for LSA.

Most exciting of all, LSA purchased our sixteenth home this year. The new home is located in Morgan Hill and is now being renovated. The next step will be furnishing the home to prepare it for five new residents. We look forward to our new home opening in 2024.

All of these accomplishments could not have taken place without the support of our donors and the community. We have received grant funding from Helpers Community, Mission City Community Fund, Sovereign Order of St. John of Jerusalem, Analog, Costco, Jewish Silicon Valley, and the Rotary Clubs of Cupertino and Los Gatos. We have also partnered with Rebuilding Together, Silicon Valley Mechanical, San Jose State University, The San Jose Museum of Art, and others in the community to make life better for our residents. We are grateful to each and every one.

LSA is looking forward to an exciting 2024. We cannot wait to explore all of the possibilities there are to help the individuals in our homes live their best lives.

Sincerely,



Dana Hooper

2023 HIGHLIGHTS

2023 OUTINGS & CELEBRATIONS

We're one big family at LSA so we take up the opportunity to get together for a day out or a celebratory occasion whenever possible. In fact, look through this year's storage box and you'll find bunny ears, sombreros, and shamrock decor.

Each season had its sparkle but many staff and residents would argue the most anticipated events occurred during the summer. The month of June hosted our Summer Solstice party and August our International party. While one event focuses on fun summer festivities, the other focuses on fostering community by celebrating the diversity of our staff and residents through sharing culinary staples, playing country trivia, and wearing traditional cultural attire.

We value involvement from families so it was really great seeing residents Clara, Galina, Jennifer, and Katie join their moms for an afternoon tea party. LSA families often take the initiative to set up gatherings for their loved ones' specific home.

LSA residents are heavily involved in the planning process of outings with staff. Regular outings include grocery runs, bowling, swimming, and library visits. Other times, residents and staff take more time to plan a special outing in a different city.

Rivermark residents Chris, Jenny, and Adam took a trip down to SoCal for some Disneyland fun. Amber, Joanna, Christie, and Vanessa had an overnight trip to Santa Cruz. They enjoyed the summer weather at the beach and boardwalk.

Other fun notable outings include visiting the SF Zoo, SF exploratorium, pumpkin patch, and Cirque de Soleil.

It was a year full of incredible events. Residents already have a list of things they'd like to do for 2024 and we can't wait to see where they'd like to go next.

REBUILDING TOGETHER DAY AT CAMBRIAN

We pride ourselves on providing exceptional living for our residents, which means maintaining our homes' quality. We were thrilled when the organization Rebuilding Together Silicon Valley connected us with volunteers from Silicon Valley Mechanical to provide touch-ups to our

LIFE SERVICES ALTERNATIVES



Residents and staff at LSA's summer solstice party.



Renee and Katie Marshalla at Womens tea party.



Christie and Vanessa on an outing in Santa Cruz.



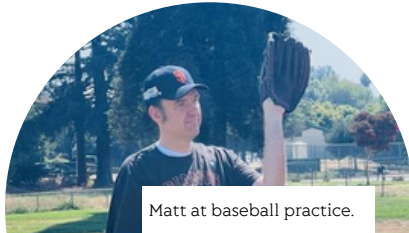
Silicon Valley Mechanical volunteers at Rebuilding Together Day at Cambrian.

Cambrian Home. This residence is filled with five bright ladies who enjoy summer activities, playing musical instruments, exercising, and spending time with their families.

Volunteers were at our Cambrian home from early morning to late afternoon, adding a large area rug to the living room, and painting the hallways, living room, kitchen, and front doors. They went the extra mile and helped clean the gutters and power wash the sidewalk. They also added more features to the backyard to create a perfect setting for making memories, relaxing, and playing games. Volunteers planted plants, built a patio cover and furniture, and set up backyard games like ring toss, corn hole, and tic tac toe. Thank you again to our fantastic volunteers!



Patti and Joshua at LSA's International Day party.



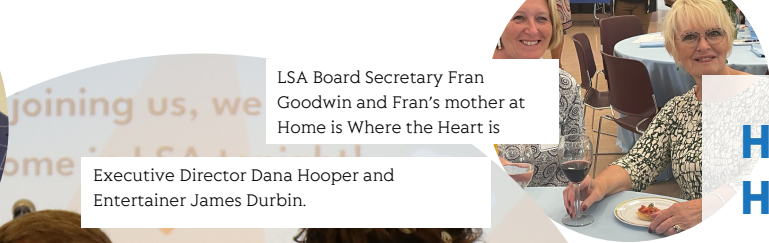
Matt at baseball practice.



LSA Tamarack residents



Board Members Matthew Norris and Steven Minchen at LSA's 2023 Home is Where the Heart is



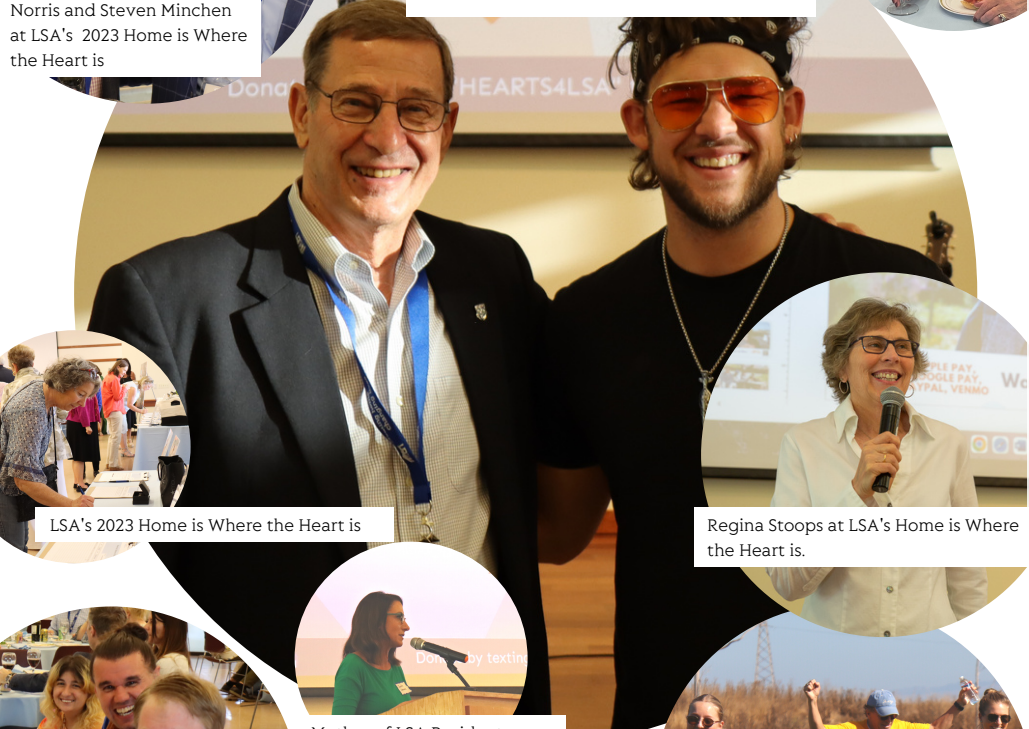
LSA Board Secretary Fran Goodwin and Fran's mother at Home is Where the Heart is

Executive Director Dana Hooper and Entertainer James Durbin.

HOME IS WHERE THE HEART IS

This year we held our 3rd annual Home is Where the Heart Is at the Campbell Community Center where we celebrated 21 years of impact.

The success of our event wouldn't have been possible without the incredible support from our generous sponsors, including Heritage Bank of Commerce, the Kim Richman Team, and many others. Our silent auction featured amazing items, thanks to the generosity of various individuals and organizations. A special shout-out to Regina Stoops and James Durbin for making our event unforgettable with their performances. We're also deeply grateful to our board members, staff, and volunteers who played a crucial role in making this day happen. Lastly, thank you to all our donors, who have helped us raise funds for remodeling and furnishing our 16th home.



LSA's 2023 Home is Where the Heart is



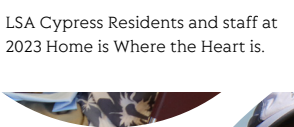
Regina Stoops at LSA's Home is Where the Heart is.



Mother of LSA Resident, Janelle Greenlee at LSA's 2023 Home is Where the Heart is.



Crossing the finish line at LSA's 2023 Run Home.



LSA Cypress Residents and staff at 2023 Home is Where the Heart is.

LSA'S RUN HOME 2023 RACE

The 4th Annual Run Home Race hosted by LSA was held on September 9th at Sunnyvale's picturesque Baylands Park. We were blessed with a beautiful day of sunshine, creating ideal conditions for everyone to gather, whether they chose to walk, run, or roll. Each participant was presented with a commemorative T-shirt and a prestigious gold medal in recognition of their achievements.

We want to express our deep appreciation to our wonderful sponsors who made this event possible: Ranga & Madhu Ranganathan, the Krikorian Family Foundation, Cambrian Home Families, Tamarack Home, the Minchen Team, Walter & Tina Underwood, Ross & Susan Condit, and Opentext. Your support means the world to us.



Run Home Founder and LSA Board Member Ranga with his family at 2023 LSA's Run Home Race.



2023 LSA's Run Home



2023 LSA's Run Home



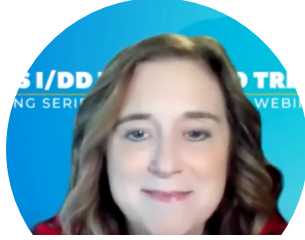
Javier Zaldivar, Executive Director at San Andreas Regional Center



Maria Daane, Executive Director of Parents Helping Parents



Olenka Villarreal, CEO and founder of Magical Bridge Foundation



Pam Blanton, Founder and CEO of Partners4Housing



LSA residents and staff at SARC's Service Above Self Awards.



Tonga receiving "Residential Staff of the Year" at SARC's Service Above Self Awards.

LSA'S I/DD TOPICS AND TRENDS 2023

After much buzz from last year's IDD Topics and Trends, we knew we had to bring this webinar series back for Spring.

We had an incredible lineup of speakers from the IDD community who joined our Executive Director, Dana Hooper, including: Javier Zaldivar (Executive Director at San Andreas Regional Center), Maria Daane (Executive Director of Parents Helping Parents), Pam Blanton (Founder and CEO of Partners4Housing), and Olenka Villarreal (CEO and founder of Magical Bridge Foundation).

Our speakers covered a wide range of topics such as creating housing solutions for your loved one with IDD and building an inclusive society through intentional design. This provided helpful insight and information to the people we serve. Recordings and transcripts of all four of our fireside chats are available for anyone to view.

The transcripts and recordings can be found on our website at:

<https://www.lсахomes.org/i-dd-topics-trends-2023/> and the recordings are also available to view on our YouTube channel @Life Services Alternatives.

You don't want to miss out on next year's IDD Topics and Trends series. Keep tabs on important announcements for next year's topics and speakers by following our socials, @LSAHOMES, or visiting us at lсахomes.org and joining our email list.

AN AWARD-WINNING YEAR FOR LSA

Tonga Chapman from the Cambrian home was recognized as Residential Staff of the Year at SARC's Annual Service Above Self Awards. LSA had roughly 40 attendees at the black-and-white event, including residents, staff, families, and board members, all there to show support for Tonga's achievement.

STAFF SPOTLIGHTS

Each month, we are proud to recognize and celebrate the outstanding efforts of our dedicated staff members who consistently go above and beyond in making a difference in the lives of our residents. Working with adults with developmental disabilities requires dedication, and a unique level of care, and our staff embodies these qualities every day. Their compassion creates a nurturing environment where our residents can thrive. Thank you to our incredible staff!



Salerno staff receiving the March Staff Spotlight.

16TH HOME SPRING AVE.

Drum roll, please... We celebrated the purchase of our 16th home, Spring Ave, in Morgan Hill. Thanks to community members like you, this will be an opportunity for five individuals to have a forever home where they can reach their goals and thrive. While we are so excited to fill this home with compassionate staff and wonderful residents, there is much preparation to do to ensure this home is accessible and welcoming for all. We look forward to Spring Avenue's unveiling in 2024.



Construction begins at Spring Ave.



CITP Class



Staff celebrating their 15 year anniversaries.

15 YEAR ANNIVERSARIES

Below is a list of employees who have dedicated over 15 years to serving LSA clients. We thank them for their dedication to providing the very best care for this community.

Ross Francisco, Hector Busante, Beverly Fabros, Jemanesh Duguma, Nancy Nhung Ho, Raquel Viernes, Emilia Tiongson, Leticia Pablico, Ermylaine Oribello, Precious Molina, Marilou Cayabyab, Elvira Balbin, Ruby May-Cole, Ruth Dovie La Roque

IN-PERSON COMMUNITY INTEGRATION TRAINING PROGRAM (CITP)

CITP participants enjoy structured days, meaningful opportunities to learn, and time for dinner with friends and family. Participants of the CITP program work on their personal goals and development through community service opportunities at different locations.

This year participants volunteered at familiar locations such as the Westhope Presbyterian Church and San Jose & Santa Clara Libraries. While participants enjoy visiting these sites, they are looking for new challenges. We're right on board with them!

It's important we listen to what participants are interested in doing. After hearing their feedback, we have added a new volunteer site, Animal Assisted Happiness in Sunnyvale. Here participants are helping complete essential tasks for the farm. The cherry on top is that they get to visit with the animals at the end.

CITP participants also look forward to dedicating time to cooking and internet classes, safety discussions, and learning conversational skills throughout the week.



Memorial for Albert.

REMEMBERING FRED, ALBERT, AND EMILY

This year, we bid farewell to three remarkable members of the LSA family. Fred, who brightened our Rivermark home for years. Albert's journey at LSA's Baywood home showcased the transformative power of care and community. Emily always brought smiles to everyone and thrived in our family-like environment.

They have left an unforgettable mark on our hearts, reminding us of the strength of community and the importance of living our best lives.

ART OF INCLUSION

During this fall season, LSA collaborated with the San Jose Museum of Art and San Jose State University as part of their annual "Art of Inclusion" project. Twelve LSA residents and twelve SJSU students worked together to create beautiful art pieces, which they joyfully showcased at the grand art exhibition on November 18th. This annual event consistently highlights how art brings together two communities. The LSA residents had an unforgettable experience and now have a splendid project to remember it. Photo copies of their work were available for sale online.



Suzy and Mindy

NEW RESIDENTS & RESIDENT MOVE INS

This October we welcomed three new residents into our homes! In May, our Milton home welcomed Alan with a fun party where multiple homes, staff, and Alan's mother got to celebrate. In October, long term best friends and roommates, Suzy and Mindy, were welcomed into our Humbolt home where they continue their tradition of living together.



The first Art of Inclusion class.

GIVING TUESDAY

This #GivingTuesday is an opportunity to make an impactful difference in the lives of adults with developmental disabilities. Data continues to show us that the need for specialized housing for those in the IDD community is evergrowing in Santa Clara county. This #GivingTuesday is on November 28th, 2023 and LSA looks forward to joining hands with you to make a difference for IDD individuals and their families.

Reach out to Celia Moreton at cmoreton@lsahomes.org, if your company is interested in matching your gift to make your contribution go further this year. Donate at <https://bit.ly/LSADONATE>



Galina and Clare at the first Art of Inclusion Class.

Our Impact in 2023

72

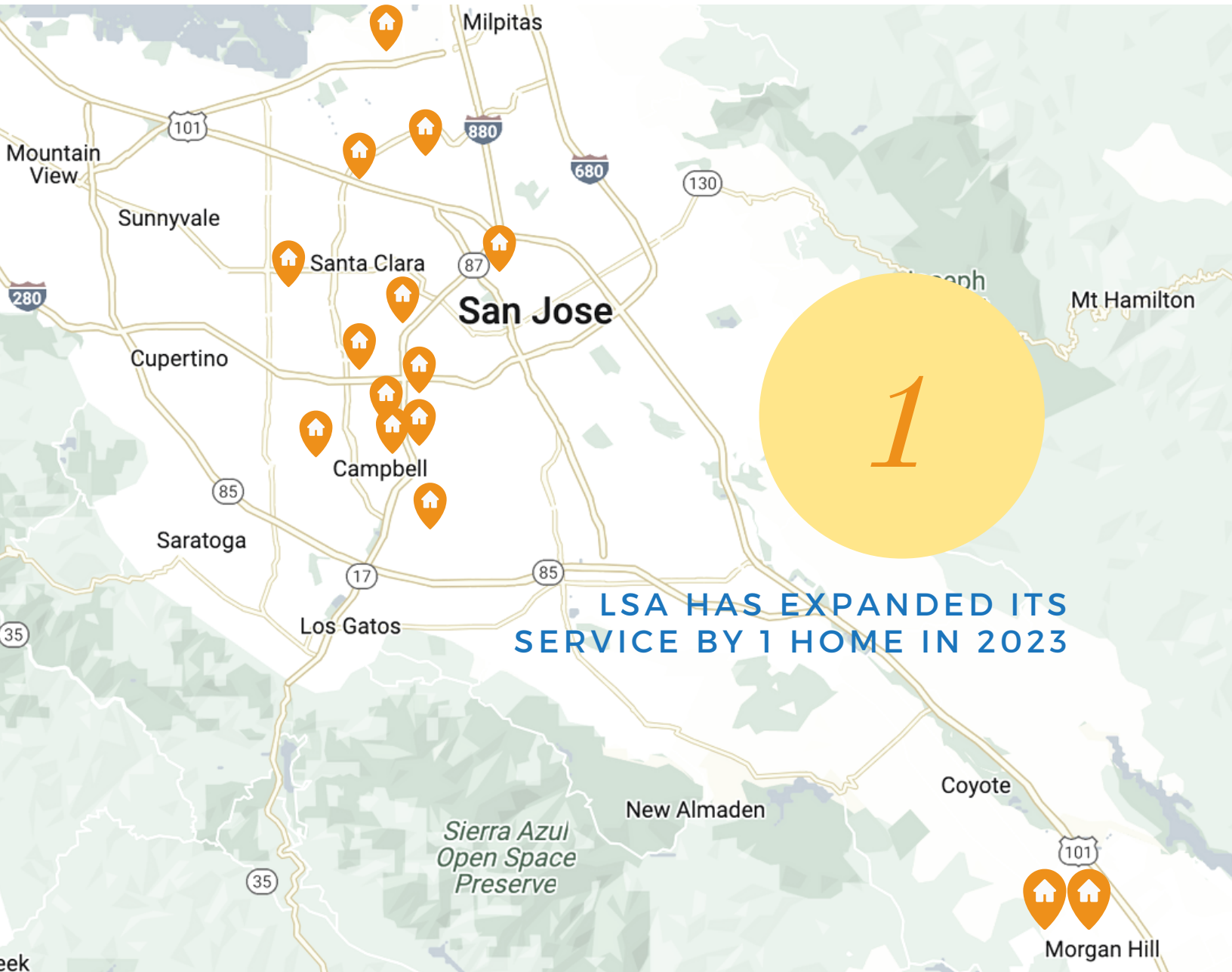
ADULTS LIVING
IN LSA HOMES

23

RESIDENTS LIVING IN A
962 HOME W/ 24-HOUR
MEDICAL SUPPORT

49

RESIDENTS LIVING IN A
LEVEL 4F OR 4C HOME W/
24-HOUR SUPPORT

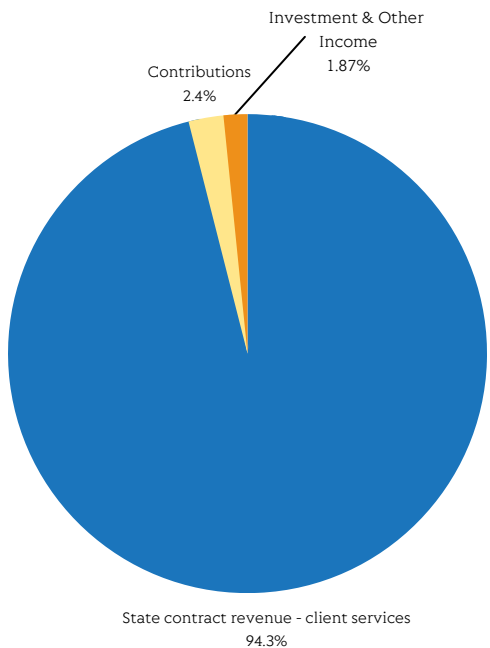


FINANCIALS

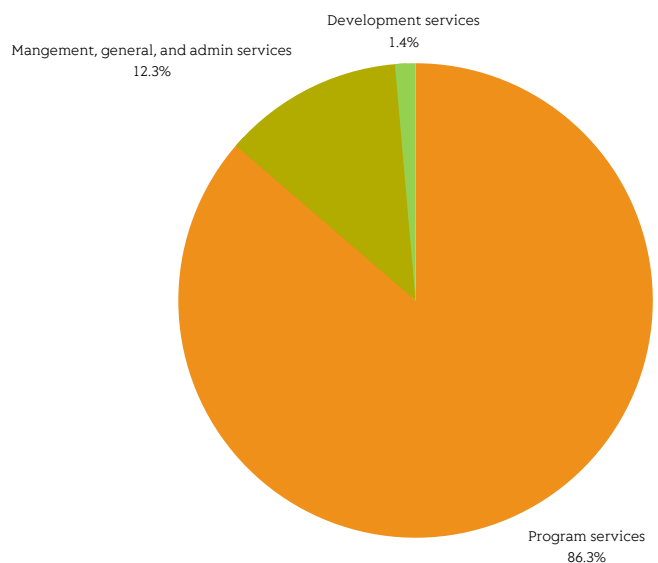
FISCAL YEAR ENDING SEPTEMBER 30, 2023

	2023	2022
Revenue and Support		
State contract revenue – client services	\$ 15,889,832	\$ 14,151,767
Contributions	397,378	1,197,595
Contribution on acquisition of Hatikvah, Inc.		213,828
Investment income	270,756	(289,046)
Other income	23,800	17,800
Net assets released from restrictions:		
Satisfaction of purpose restrictions	<u> --</u>	<u> --</u>
Total Revenue and Support	<u>16,581,766</u>	<u>15,291,944</u>
Expenses		
Program services	13,620,637	12,697,936
Supporting services:		
Management, general and administrative services	1,939,772	1,522,242
Development services	<u>220,021</u>	<u>219,650</u>
Total Supporting Services	<u>2,159,793</u>	<u>1,741,892</u>
Total Expenses	<u>15,780,430</u>	<u>14,439,828</u>
Change in Net Assets	801,336	852,114
Net Assets, Beginning of Year	<u>9,527,589</u>	<u>8,675,475</u>
Net Assets, End of Year	<u>\$ 10,328,925</u>	<u>\$ 9,527,589</u>

SUPPORT AND REVENUE



EXPENSES





Life Services Alternatives Over the Years

