



LIFE SERVICES ALTERNATIVES

A recap of Summer at Life Services Alternatives



RESIDENTS MOVE IN MOTIVATED BY MOVEMENT

Chris Depalma moved from Ramita to Rivermark Home 3

Our resident Chis DePalma was recently residing at our Ramita home until earlier this year after a stint with COVID-19 he was replaced in one of our Rivermark homes to rehabilitate and find a group of residents that share similar interest in their golden years. Chris has been thriving in our Rivermark home and has found his new staff quite up for challenge on his road to recovery. Check out Chris with his catches of the day! Gerard, our Rivermark staff and Chris' new fishing buddy would motivate Chris to do his physical therapy by promising him that when he was strong enough, they would go fishing. Keep it up Chris!



GAMES WITH FRIENDS IN SEPTEMBER



LSA is happy to announce the return of Games with Friends, a virtual game show for LSA residents, program participants, families, and friends. Join us on September 3, 2021 at 12 PM for an afternoon of games, laughs, and great prizes! Check out our website at <https://www.lсахomes.org/event/games-with-friends-2021/> to register as a game show contestant or a spectator!

COVID-19 UPDATE: WHAT RESIDENTS HAVE BEEN DOING SINCE COUNTY "REOPENING"

As Santa Clara County began to open up again, so did the residents' activity choices. As day programs and CITP have partly transitioned to being in-person again, this gave residents more options on how they get to spend their free time. Some residents finally get to go back home on the weekends, while others are able to have their loved ones visit them at their LSA homes. Outings have become more common as restrictions have been lifted.

Pictured below on the left are some of the Humboldt residents on a Santana Row outing visiting the Hello Kitty Cafe and on the right is Clare from Tamarack at the Shoreline Lake.



RECAP: LSA'S I/DD TOPICS AND TRENDS



It's a wrap! Thank you to all that came out to our summer series of fireside chats, I/DD Topics & Trends 2021.

We had an incredible lineup of speakers from the I/DD community to join our Executive Director, Dana Hooper, in these chats including: Bryan Neider, CEO of AbilityPath, Astri Doub, Author of Ability Innovation, Ashley Kim Weiss, National Coordinator of Together for Choice, Kim Schreiber, CEO of NeuroNav, and Desiree Kameka Galloway, Director of the Autism Housing Network.

We hope you learned a lot these past couple of months and enjoyed these fireside chats as much as we did. Thank you for spending your evenings with us! We hope to bring this series back next summer, so make sure to always keep a lookout for our events.

In case you missed any of our sessions during I/DD Topics & Trends, we also have the recordings and transcripts of all 5 of our fireside chats available for anyone to view. You can find the transcripts on our blog at: www.lсахomes.org/category/blog/ and you can watch the recordings to all of the sessions on our YouTube channel, @Life Services Alternatives

HYBRID COMMUNITY INTEGRATION TRAINING PROGRAM (CITP)

As LSA's Community Integration Training Program has resumed its in-person activities, the program is currently 75% in person and 25% online. The program participants have started to partake in activities at Westhope Presbyterian Church once a week. For the remainder of the week, CITP participants

engage in community activities such as eating lunch at local parks, visiting City Sports for their workouts, nature walks, and any other outdoor activities that the participants choose to take part in. Our CITP participants are eager and hopeful that they will be able to return to some of the activities they took part in prior to the pandemic.



From left to right: Ronnie, Julio, and Audrey smiling for us during their lunch outing at the Municipal Rose Garden.

LSA'S HOME IS WHERE THE HEART IS IS BROUGHT TO YOU BY

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THURSDAY, SEPTEMBER 30TH, 2021
6:30 PM - 7:30 PM

JOIN US:
[HTTPS://BIT.LY/LSAHEART4HOMESEB](https://bit.ly/LSAHEART4HOMESEB)

Please join us! On Thursday September 30th from 6:30 pm to 7:30 pm for our second annual fall fundraiser, Home is Where the Heart is, where we will host speakers, entertainment, a raffle, and more!

We hope you can join us to hear our featured speaker, **Paulette Penzvalto**, speak about her life with Autism, her job at Google, and use her beautiful voice to sing.

You will also be entertained by the **Santa Clara Chorale** and the **New Hope Band** which is made up of people with disabilities.

We will hold a raffle where the lucky winner receives a vacation in Incline Village. You must be present to win.

LSA's Home is Where the Heart is sponsored by Heritage Business Bank and Mark & Frank Goodwin.

There is a critical lack of affordable housing in California for adults with developmental disabilities, one of the most vulnerable and economically challenged populations in the state. In Silicon Valley, affordable housing is even harder to come by with rising housing costs, lack of availability and skyrocketing cost of living in general. In the past 3 years, at least 40 home providers have closed due to the lack of staffing, low government reimbursement rates and the high cost of living. To help relieve the need for housing for developmentally disabled adults in our county, LSA is working hard to raise enough capital to open another home.



Since our inception in 2002, LSA has opened 14 homes throughout Santa Clara County. Our goal is to be able to continue to open homes for the adults with developmental disabilities so they can continue to learn, thrive and be the best version of themselves.

We are counting on your help to succeed, this evening will be a night of information, entertainment, fundraising and a raffle. Please mark your calendar to join us.

Register for Home is Where the Heart is at: bit.ly/Lsaheart4homeseb

LSA'S RUN HOME

Are you a runner, walker or hiker? Please sign up to do LSA's Run Home to help house adults with developmental disabilities. You will register for whatever distance or distances that you want to participate in for the small entry fee of \$25. You are participating virtually and can run, walk or hike from September 17th to October 31st.

Your tax-deductible donation will go to support LSA, their homes, and programs of our residents. Please join us to raise funds to help this vulnerable population in our community.

Register for LSA's Run Home at:
www.lсахomes.org/lsas-run-home-2/

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Special Thanks to Our Donors

THANK YOU TO OUR DONORS OVER THE PAST 90 DAYS:

A big thank you to our sponsors for our fall events! LSA's Run Home is sponsored by Common Roots Farm, Heritage Business Bank, and Robert & Renee Marshalla. LSA's Home is Where the Heart is sponsored by Heritage Business Bank and Mark & Fran Goodwin.

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SPONSOR OUR EVENTS!

Request a Sponsorship Packet or go online to download one

Your support can go even further beyond participating in **LSA's Home is Where the Heart is** and **LSA's Run Home events**; you can personally work towards the mission of LSA by sponsoring one of our Fall events! We would love for you to invest in Home is Where the Heart is or LSA's Run Home, or both! These events will draw hundreds of people who support the developmentally disabled community. Choosing to sponsor both or even just one of these events will allow you to reach a wider audience and advocate for the I/DD community.

Can we count on your support?

Please go to www.lsahomes.org/be-a-sponsor/ to learn more about the available sponsorship options. Any questions can be directed to LSA's Director of Development, Celia Moreton, at 408-728-9627 or cmoreton@lsahomes.org.