Life Services Alternatives

LIFE SERVICES ALTERNATIVES

A recap of Spring at Life Services Alternatives

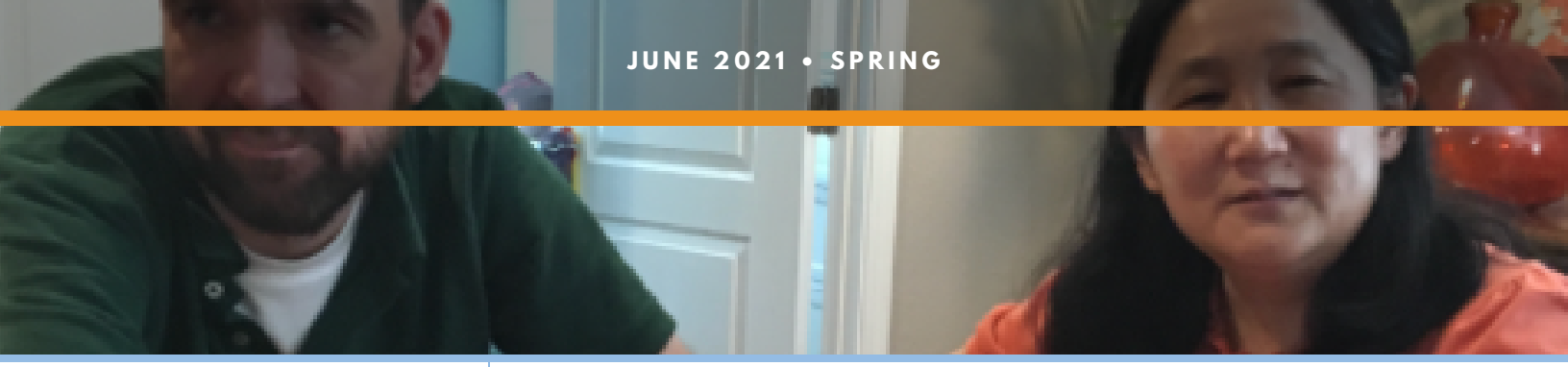
RESIDENTS MOVE IN

ALL ABOUT MATT

Residents Moved In (Ramita - Matt, Tamarack - Katie, Calle Viento - Elijah, Rivermark Home 1 - Joana, Home 3 - Susan, Calle Viento - Ethan, Empey - Kathy - Former Resident of Rivermark)

Matt, our newest Ramita resident, just moved in and has a beautiful history with both LSA and our residents. Matt has been a part of LSA's CITP day program for several years and now has finally found a forever home within our LSA community. Ramita, a household with younger men who have similar interests to Matt's, has worked together at various volunteer sites. Matt is also a music lover and was inspired by meeting the local (and internationally known) artist Paulette Penzvalto, who sings opera, works at Google, and is autistic. Meeting Paulette boosted Matt's spirits years ago. More interests of Matt's are his love of old movies, visitors, swimming, and books. A gentle giant, Matt is best described as a renaissance man, as he enjoys so many different activities.

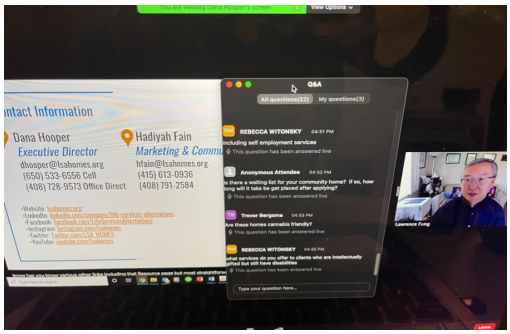
Before moving into our Ramita house, the pandemic prevented Matt from doing some of the things he loves. Moving into Ramita has allowed Matt to return to some of his favorite activities, including spending time with his best friend, Hope Fan, a resident of LSA's Humbolt house (see photos of the two above and below). Learn more about the other new residents who have joined our homes at http://www.lsahomes.org/blog.



OT WEBINAR

On May 24th at 7:00 PM, LSA featured speaker Mike Underwood, OTR/L in the first installment of the webinar series, "Why We Love LSA". This webinar provided insight into how the field of Occupational Therapy allows him to help individuals with developmental and early acquired disabilities. Attendees also had the opportunity to hear from LSA's Executive Director, Dana Hooper, and Program Director, Susan LeRitz and our Board President, Mike Pencer. Mike Underwood is also the older brother of one of our Cypress residents, Kevin! To see a recap of this event, visit our YouTube channel.

DANA AT STANFORD NEURODIVERSITY SUMMIT



LSA's Executive Director, Dana Hooper, spoke at Stanford's Neurodiversity Summit on March 15th. The Stanford Neurodiversity project serves to establish a culture that treasures the strengths of neurodiverse individuals. Stanford Neurodiversity Summit empowers neurodiverse individuals to build their identity. They enhance their long-term daily living skills throughout the lifespan and maximize the potential of neurodiversity in areas of business, schools, and the community.

"You are one of our real-world angels." - Lawrence Fung, MD. PhD, Assistant Professor at Stanford University.

LSA'S A NEW OF WAY LIVING - AN ANIMATED WEB SERIES

LSA is eager to share our upcoming animated web series starring animated characters of our very own residents! This series will explore the lives of our residents as they face the COVID-19 pandemic, shelter-in-place, and find the light at the end of the tunnel. This series will also reflect how LSA's staff keeps our residents safe, as well as our residents' experiences exploring their neighborhood, making friends in their community, and progressing their various skills. Keep an eye out for our official release date!

THE SAN JOSE JUNIOR LEAGUE RECOGNIZED VIVEKA.

Congratulations to Viveka Ramanathan, who is an invaluable volunteer at LSA. Viveka was recognized as an outstanding community volunteer by the Junior League of San Jose at the 52nd Annual Volunteer Recognition Luncheon. Thank you to the San Jose Junior League for putting on a fantastic virtual award luncheon for the many impactful volunteers in our community. Congratulations again to our volunteer, Viveka, who was recognized at this awards ceremony. Thank you for all you do, Viveka! Very well deserved!

LSA'S I/DD TOPICS AND TRENDS

LSA is very excited to announce our virtual summer speaker series, I/DD Topics, and Trends. Every Thursday at 6:30 pm PST, from June 24th-July 22nd, LSA will feature a professional within the I/DD community.

These speakers include:

- Bryan Neider, AbilityPath CEO
- Ashley Kim, Elevare Community CEO
- Astri Doub, Author of Ability Innovation
- Kim Schreiber, NeuroNav CEO
- Desiree Kameka Galloway, Director of the Autism Housing Network for the Madison House Autism Foundation

Through many unique topics, attendees will learn and get invaluable insight into the processes for helping their developmentally disabled loved ones plan for the future and live life to the fullest. LSA's Executive Director, Dana Hooper, will join our speakers in an engaging fireside chat and provide insight from their experience serving the community. Attendees joining us for this live event will be able to ask questions live. Join us for our first of five fireside chats. June 24, 2021 at 6:30 with Bryan Neiderof AbilityPath. Register at http://bit.ly/LSATT1.

JOIN US FOR TWO FUN FALL EVENTS: HOME IS WHERE THE HEART IS & LSA'S RUN HOME

LSA's Fall Fundraiser is fast approaching! LSA is excited to announce our second annual virtual fundraising event to be held Thursday, September 30, 2021, from 7:00 pm to 7:45 pm PST. "LSA Presents: Home is Where the Heart is" will include speakers, entertainment, a raffle, and more!

Last year, one of our board members established a virtual running event as part of our Fall Fundraiser that drew over 200 people. This year, we expect even more people to join us for "LSA's Run Home" taking place through September and October. Participants have the option to log 100-200 miles over nine weekends by running, walking, and hiking. Participants also have the opportunity to run a half or full marathon with two weekends to choose from. Stay tuned for more information on how to participate!

Your support can go even further beyond participating in these events; you can personally work towards the mission of LSA by sponsoring one of our Fall events! We would love for you to invest in "Home is Where the Heart is" or "LSA's Run Home," or both! These events will draw hundreds of people who support the developmentally disabled community.

Choosing to sponsor both or even just one of these events will allow you to reach a wider audience and advocate for the I/DD community. Can we count on your support?

Please see the "Sponsor our Events" segment below to learn more about the available sponsorship options. Any questions can be directed to LSA's Director of Development, Celia Moreton, at 408-728-9627 or cmoreton@lsahomes.org.

TO DOWNLOAD A SPONSORSHIP PACKET VISIT BIT.LY/FUNDLSA2021 TODAY!

OUR NEW RIDES (THE VAN'S)

LSA recently purchased two new vans to support transportation for community outings. These vans were purchased with the help of a Home and Community-Based Services (HCBS) Final Rule Grant. They will be used by multiple homes and allow us support choice by providing additional accessible transportation.

COVID-19 UPDATE

We are beginning to see the light at the end of the COVID-19 tunnel. All of our homes have been entirely COVID-19 free for several months now. Almost all of our residents and staff have been vaccinated. And residents can also go home to spend time with their families as restrictions are lightening up, and our residents are starting to go out into their communities a bit more.

creating home
changing lives

260 W Hamilton Ave
Campbell, CA 95008

JUNE 2021 • SPRING

Special Thanks to Our Donors

THANK YOU TO OUR DONORS OVER THE PAST 90 DAYS:

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Sally & Brian Mickel
Stuart Moore
Subramenian Kumaraswany
Tina & Walter Underwood
Tony Goulart
Tyler & Megan Hooper

WE'RE GOING DIGITAL!

LSA is transitioning to digital newsletters! However, we'll still send you a printed copy if that's what you prefer. Let us know if you would like to start receiving digital newsletters or if you would rather receive a printed copy by choosing an option on the postcard inside your newsletter and sending it to us. We appreciate your response!

1200 | Twelve Hundred Club

LSA Invites You to Become a Monthly Donor
You can make a difference all year long when you make a monthly gift to LSA. It's easy, efficient and makes a difference.

$15 a month = $180 provides gas and food for a fun outing for 5 residents
$25 a month = $300 offers a month of music therapy for a home
$50 a month = $600 covers the cost of electronic equipment for skill building

Or join our 1200 Club at $100 a month to help fund our next home.

Sign up at: https://www.lsahomes.org/1200club/
Or call Celia at 408-728-9627 for further information.

Join LSA in *Creating Homes, Changing Lives*