



LIFE SERVICES ALTERNATIVES

A recap of spring at Life Services Alternatives



COVID-19 LSA RESPONSE

Life Services Alternatives has been working with several agencies before and during the current shelter-in-place to ensure our staff, families and residents stay safe during these troubling times. Today, we are happy to report that there have been no outbreaks among our homes or within our offices. We all did our part to flatten the curve here in California, the Bay Area and Santa Clara county. Without the help of our exceptional staff, we would not have been able to call our preventative and heroic measures a success. Thank you to all of our nurses, medical staff and support personnel who are continuing to keep our most vulnerable population and our LSA community safe. LSA is proud to stand with this team of professionals. #LSAProud



"Everyday, I feel blessed to have such dedicated co-workers. Their dedication to the men and women they support is unsurpassable. Living a "new" routine, when a routine is so very important, has been impressively seamless. Kudos to our team and our residents"

- Susan LeRitz, Program Director

"The LSA response during this time of COVID-19 has been nothing short of amazing. The staff, residents, participants and their families have stepped up in a variety of ways to show their care and integrity. Because of them, we've been able to keep everyone safe and reasonably happy. I'm so proud of our organization!"

- Cynthia Hill, Program Director



A NEW NORMAL: LOOK AT LIFE SHELTERING AT HOME AT LSA

The Cypress men revved up the barbeque, and Dani and the Cambrian gang were all smiles for their Easter egg hunt indoors. During the COVID-19 shelter-in-place, our LSA homes were a great example of saying "there is no place like home." Take a look at the pictures from a few of our homes.

"I firmly believe 'home is where the heart is' and during this shelter-in-place, I'm convinced that each home is filled with people who wear their hearts on their sleeve and pour it into their work each and every day. Everyone has selflessly stepped up and as a result, seamlessly maintained the excellent quality of care to those we serve. I'm so thankful for our amazing staff."

- Sharmean Heffernan, Program Director

THANK YOU TO OUR STAFF

Executive Director, Dana Hooper, thanks Life Services Alternatives' employees with a heartfelt message and an update on our COVID-19 plans and status to help keep our staff and residents healthy and safe. Thank you to all of our outstanding staff for weathering this storm with patience and resilience despite the unprecedented circumstances. #LSAProud

STAY CALM WEAR BLUE: SUPPORT OUR BRAVE NURSES AND SUPPORT STAFF

There is no better way to say thank you to all of our courageous staff and the LSA team than to stand with them in blue. So this Spring, support our staff, nurses and support professionals with

commemorative t-shirts and other LSA memorabilia with our online store at <https://www.bonfire.com/store/life-services-alternatives>. 100% of the profits goes directly to LSA and you get to look fashionable while you represent our residents and team. #LSAProud



LSA'S FIRST AND SECOND WEBINAR A SUCCESS

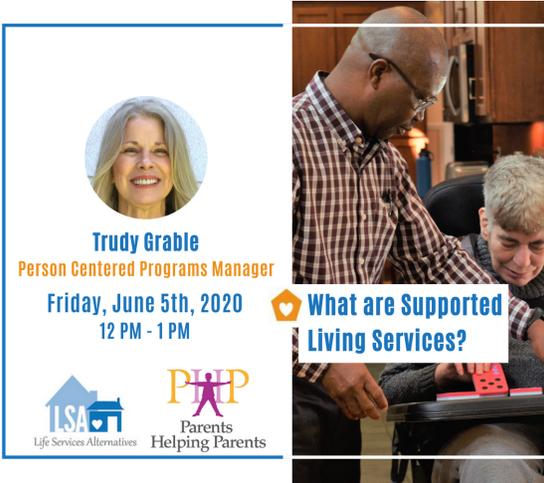
LSA hosted its first two webinars this Spring inviting almost two hundred attendees to take a look at our services and homes. Our first webinar Creating Homes for Adults with Developmental Disabilities hosted by our Executive Director, Dana Hooper, showed our process for opening a home. The half an hour presentation was followed by a live audience lead Q&A session and is now live on our Youtube channel at <https://youtu.be/NDAVYgLLB0U>.

The second webinar shared detailed information on our Community Integration Training Program or CITP and was hosted by our Program Director, Cindy Hill and Program Administrator, Abby Diaz. The webinar was a half an hour deep dive session into a non-site based program that is perfect for an individual transitioning out of high school. The presentation is now live at <https://youtu.be/RYrjnBNQW98>. For more details on either webinar, please email marketing@lsahomes.org.

COMMUNITY INTERGRATION TRAINING PROGRAM

COVID-19 SPRING...

The Community Integration Training Program is designed for individuals seeking more than being in a facility most of the day. Before the global pandemic, each participant enjoyed a sense of autonomy and interaction with the community. The shelter in place has temporarily changed the way that LSA provides quality programming. Our Program Director, Program Administrator and staff have worked together to maintain a program that is different but no less engaging.



Trudy Grable
Person Centered Programs Manager

Friday, June 5th, 2020
12 PM - 1 PM

What are Supported Living Services?

LSA Life Services Alternatives
Parents Helping Parents



LSA CELEBRATES WORLD AUTISM DAY! READ "A PLACE TO CALL HOME"

Read our inclusion publication inserted into this week's San Jose Mercury News! Our article "A Place to Call Home" features Cypress resident, Ronnie Arrellano and his journey at LSA. This publication was put together in collaboration with great non-profits like Gatepath, Hope Services, Options for All, Housing Choices, Goodwill of Silicon Valley and Via Services. Read the rest of the publication including our article here: <https://bit.ly/LSARonnie>. And don't forget to share our story on social media. Thanks for supporting Life Services Alternatives. Happy World Autism Awareness Day!

OUR BOARD MATCH NUMBERS MET

We are excited to announce that our \$30,000 board match has been exceeded! We deeply appreciate your generosity and support. COVID19 continues to cause extra expenses for us as well as hindering the opening of our two new homes. Your continued support is greatly appreciated. LSA hopes you and your loved ones continue to stay safe and healthy.



WEBINAR "WHAT ARE SUPPORTED LIVING SERVICES?" JUNE 5, 2020 @ 12:00 PM PST - REGISTER: WWW.BIT.LY/LSAWEBINAR3

Join us for an informative webinar about Supported-Living Services on Friday, June 5th at 12 PM PST. If you are looking into different housing options for you or a loved one, this seminar is for you. Get your questions answered and hear from Parents Helping Parents' (PHP) very own, Trudy Grable, on the different types of Supported-Living Services. Register at the link above! Trudy Marsh Grable is the proud parent of a young woman who has a developmental disability. Improving the lives of people with I/DD is her passion through person-centered approaches and has trained hundreds on the principles of person-centered thinking and planning.



creating home
changing lives

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MAY 2020 • SPRING

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THANK YOU TO 10TH STREET DISTILLERY



The spirit makers at 10th Street Distillery view their craft through an engineering lens, combining classic Scottish production methods and fueled by American innovation. This San Jose-based spot has won many awards for its single malt whiskeys, but these days the company has switched its business model. Since the COVID-19 outbreak, the popular distillery has stopped making spirits and concentrated its efforts toward creating something that's invaluable to all during the coronavirus pandemic: hand sanitizer. Thanks to 10th St Distillery, we now have 48 gallons of hand sanitizer to use in our homes for staff and residents at a special discount rate for first responders, health care workers and other non-profits. Visit their website at www.10thstreetdistillery.com to view the other spirits they have to offer.