



# LIFE SERVICES ALTERNATIVES

*A recap of Summer at Life Services Alternatives*

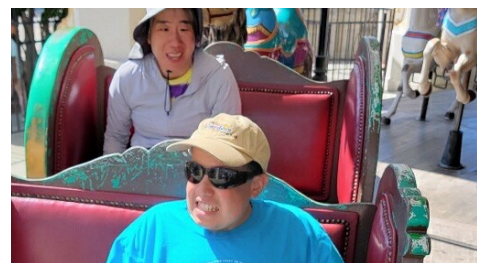
## OUTINGS & CELEBRATIONS

This summer has been nothing short of exciting! LSA residents had many reasons to celebrate the past couple of months and never refrain from throwing a fun party. Residents from 4 of our 962 homes started the summer off with their annual summer party where they all gathered at Milton to play some fun trivia, games, and eat delicious summer food.

Each of our homes threw a 4th of July party where residents got to learn fun facts about the history of Independence Day, creating their own American flag, and some classic Bingo.

Several of our CITP participants had a wonderful time at Great America, enjoying the sunny weather, thrilling rides, and creating cherished memories together.

This August we hosted our long awaited international party where 5 of our homes gathered at our Mckendrie home where staff and residents dressed in their cultural wear and prepared amazing dishes! From a variety of foods from Ethiopian, Filipino, Chinese, Italian and Mexican food, to trivia on each of the represented nationalities, this party was a big success.





## LSA'S LETTER TO FRED

Dear Fred,

Greetings from all of us at LSA! We know you'll be reading this at your LSA home, if not, you'll definitely hear about it! We wanted to take a moment to share the appreciation that everyone in LSA has for you.

From the moment you found your way to LSA, it was clear that you were seeking more than just daily support, you were searching for a forever home. Your decision to live in one of our homes was a significant step towards the life you deserve, surrounded by residents and staff who nurture a warm family-like environment where you can truly thrive.

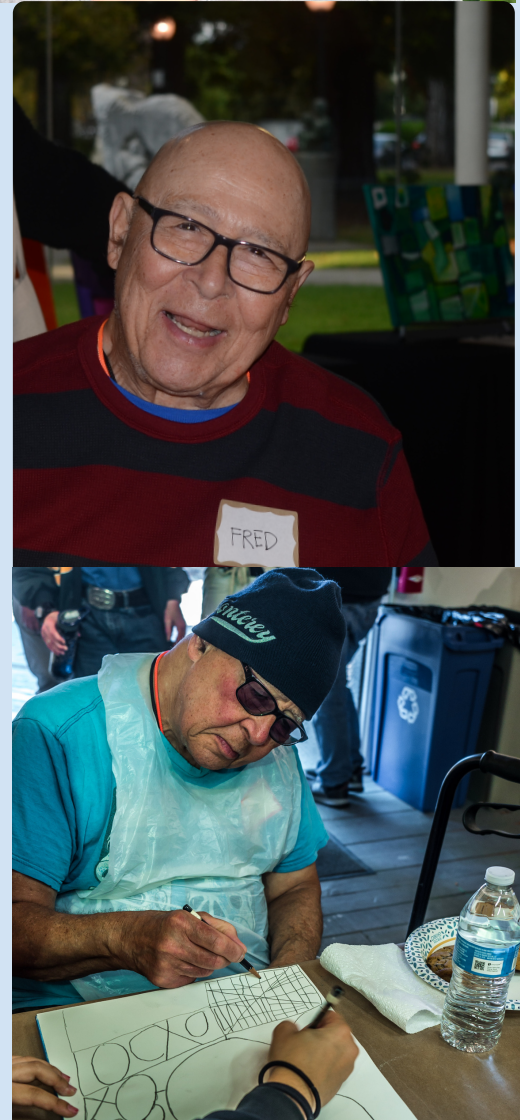
We know it hasn't always been a smooth road and you've faced many personal challenges along the way. However, you continue to show resilience and embrace change by taking it one day at a time.

Where are you hiding your stash of superhero capes? Seriously, we're thinking of renaming resilience the "Fred Superpower".

Through the years you've collected lifelong friendships and happily participated in activities while in the pursuit of accomplishing your goals. From showing us your art skills during Art of Inclusion to bringing out your competitive side in a mean game of Bingo. You show us that regardless of an individual's circumstances there is a place for them where they are celebrated, and empowered. We've seen you transform from "I'm not sure about this" to "I am confident I can do this."

Your journey remains at the heart of our mission, and we stand by your side.

We can't help but close this off with a bit of wisdom that sounds just like something you'd say, "When life hands you lemons, make lemonade – and then send an invite to a lemonade party!".



## JOIN US FOR LSA'S RUN HOME

Lace up your running shoes and prepare to make a difference because LSA's Run Home is back for another year! Here all are welcome to roll, walk, or run to the finish line. By participating in this race you're helping to create forever homes for adults with developmental disabilities in Santa Clara County. Save the date for Sat, September 9 2023 at Baylands Park in Sunnyvale. Register today by visiting [lsahomes.org/run](http://lsahomes.org/run)



SCAN HERE TO REGISTER OR DONATE!

## EMPLOYEE OF THE MONTH

LSA would like to shine a spotlight on our dedicated RN, Soloman, who has shown an unwavering commitment in ensuring the health and safety of the individuals we serve at both Milton and Baywood homes. Soloman's tireless efforts have made a significant impact, and we appreciate his dedication to providing excellent care. Thank you, Soloman, for your hard work and commitment to the well-being of all of our residents!



## 15 YEAR ANNIVERSARIES

Below is a list of employees who have dedicated over 15 years to serving LSA clients. We thank them for their dedication to providing the very best care for this community.

Dana Hooper, Susan Leritz, Shelly Goss, Armie Tancinco, Ermylaine Oribello, Africa Garlejo, Lanilla Fabricante, Emilia Tiongson, Leticia Pablico, Ruby May-Cole, Precious Molina, Hector, Erwin Busante, Clarissa Drequito, Sulan Navarro, Cecilia Flores, Ross Francisco, Jovencio Jerico Espejo, Elvira Balbin, Maria Felix, Marilou Cayabyab, Victoria Oyewole, Raquel Viernes, Ruth Dovie La Roque, Nancy Nhung Ho, Beverly Fabros



## ART OF INCLUSION

The Art of Inclusion provides individuals the opportunity to foster inclusivity and a deeper understanding of adults with developmental disabilities within their community. This year, San Jose State students and LSA residents will attend a series of art classes to create an art piece that will share their unique experiences and partnership. This experience for students has helped cultivate relationships and acceptance for the people we serve.

Add to your art collection and join us for our Art of Inclusion event where we will hold a silent auction for these pieces. Funds gathered from this event will go directly towards our mission to creating forever homes for adults with developmental disabilities. Stay tuned for more details by following us on our socials, @LSAHOMES.



## REMEMBERING ALBERT

Upon Albert's initial arrival at LSA's Empey home, he was in a weak condition impacted by health issues and neglected hygiene. Weeks later Albert was completely transformed. The quality care from LSA staff in addition to the family-like environment helped Albert thrive. Home administrator, Joseph Lasana, shares that Albert responded after getting the respect and attention he deserved.

Alongside Albert's journey were fellow housemates, Gabriella, Joshua, Carol and Amy.

We will miss Albert's infectious laughter and the joy he brought to everyone's day. His story is one that touches everyone who hears it and stays with us a little longer.

Albert was an inspirational person, he created lots of fun in the house and uplifted the spirits of everybody. He was a real success story and beat all odds to get back his life. His passing leaves a big dent in the LSA family life. He spent such a good life with LSA and seemed to enjoy every bit of it. He had a charming character which made everybody like him.

He is greatly missed by everyone who knew him.

- Joseph, Baywood Administrator

In loving memory of Albert, whose vibrant spirit touched our lives, his joyful presence will forever illuminate in our hearts. Though he has passed away, his infectious joy continues to inspire us, reminding us to embrace life's simple pleasures and spread happiness to all those we encounter.

- Sharmean, Program Director





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