



LIFE SERVICES ALTERNATIVES

A recap of Winter at Life Services Alternatives

2023 - A YEAR IN REVIEW AND LOOKING FORWARD

Three years after the world was put on pause by a global pandemic, and we all had to rethink the way that we did work, healthcare, and even life, our organization and the individuals we serve are thriving. This past year was a particularly productive time for Life Services Alternatives as we established new initiatives for staff retention, invited new partners and sponsors for solar and other home improvement projects, and continued more of our great programs serving our community and beyond.

During 2023 we partnered with San Jose State University and the San Jose Museum of Art in a collaborative Art of Inclusion event, where our residents partnered up with SJSU students and created beautiful foil embossing projects.

On top of art activities, residents also visited theme parks and spent their time in baseball and bowling leagues, and weekly neighborhood strolls. It truly became a year filled with fun-packed escapades!





HOME FOR THE HOLIDAYS & CITP

The most wonderful time of the year left LSA with lots of smiles and cheer. From Christmas parties to counting down the last seconds of the year, LSA had a lot to celebrate.

Our Salerno home held its annual Christmas party, where residents from four other homes came together to share Christmas cheer with music, games, decorations, and Santa! Not to mention, they won our Holiday Christmas Card competition!

CITP had their annual Holiday Party that took place at The Cup and Saucer restaurant in San Jose. Our participants and staff enjoyed a game of Holiday Trivia, exchanging gifts (Secret Santa), eating great food and of course listening to some classic holiday songs.

We look forward to more shared celebrations and cherished memories in the coming year. Wishing you all a joyful and prosperous New Year!



16TH HOME UPDATE

Upgrades are underway! We passed the inspection of rough electrical and mechanical, and we are ready for some wall installation! This past quarter was eventful, and now we are just a few steps closer to opening this beautiful Morgan Hill home to five new individuals. And we are so excited about our progress. This year, we plan to kick off this home with an open house, to the community for a first look and visit. Stay tuned for the Save-The-Date. Our 16th home still has a lot of work to do until then, but we are so proud of our progress. Take a look and keep an eye out for how you can help be a part of this home getting up and running.



EMPLOYEE SPOTLIGHT

FRANCES ROSAS

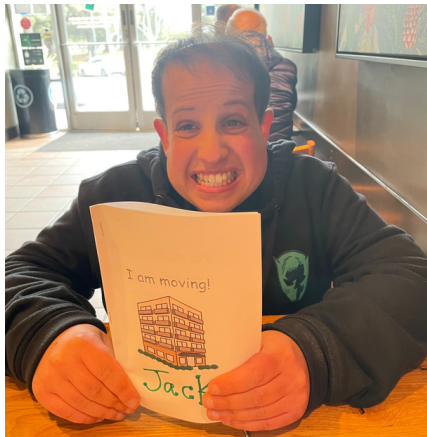
Frances is a long-term employee dedicated to providing loving care to our residents. Frances is hard-working, reliable, and detail-oriented. Frances is a great team player, and we appreciate the continuous stability and comfort she provides to the individuals we serve.



JACK'S "JOB"

Jack has been with LSA's Community Integration Training Program (CITP) for over a year. He enjoys community outings, volunteer opportunities, and being around his peers. He's eager to please and often asks Alison, his mom, how the coordinator said he did that day. Alison mentions another bonus, which is the free transportation, which has been helpful for her since she works full time.

"Jack insists CITP be called work, and we even have a saying of that on the fridge. He really loves LSA. He enjoys going. It's a blessing." -Alison



"THAT'S WHAT I NEED"

Alison first learned about LSA through Wishbook in the Mercury News. Right after reading the article, Alison got in contact with LSA's CITP Coordinator.

"The CITP Coordinator was so amazing and was just really dedicated to helping us on the journey. One day in December, we met a few of the groups with the coordinator at the mall, and I just got a really good feeling about it. The fact that it's been around so long, I really like it... It just seemed like a great place." -Alison

Read More on our site at <http://www.lсахomes.org/jackjack>.

SAVE THE DATE FOR UPCOMING EVENTS

LSA's event season is in full swing and we have important dates for you to save on your calendar. Learn more about our can't-miss events below.

Mother's Day Tea

Our time-honored tradition has been long put off due to the pandemic, and Life Services Alternatives is proud to announce the return of our favorite! Please join us for a beautiful morning with tea and delicious treats. Our Mother's Day Tea will be hosted this year at our Rivermark location on May 11, 2024 at 11 AM. We will serve tea refreshments, enjoy live entertainment, and play plenty of tea party games. Please save the date, and we hope to see you

Home is Where the Heart Is - LSA's 22nd Anniversary

The fundraising event returns for its fourth year taking place on May 18, 2024, at the Campbell Community Center, the event promises exciting entertainment and speakers, offering a time for reflection on LSA's impact and a glimpse into the future. Register today by visiting <https://bit.ly/2024saheart4homeseb>

LSA's IDD Topics and Trends

By popular demand, LSA's I/DD Topics & Trends is back for a fourth year. This year's webinar series will take place during the summer. Look out for a speaker lineup to be announced soon! Until then, check out the recordings and transcripts from last year's series by visiting <https://www.lсахomes.org/i-dd-topics-trends-2023/>

LSA's Run Home

LSA's annual race will be held on September 14, 2024, at Vasona Park in Los Gatos, CA. Lace-up those running shoes and get ready to train, as LSA's Run Home is just months away!



WE'RE HIRING!

LSA is seeking dedicated professionals looking for an interesting, fun, rewarding job that allows for future growth opportunities. We are looking for Direct Support Professionals (DSP), Certified Nurses Assistants (CNA), Licensed Vocational Nurses (LVN), and Registered Nurses (RN) to work with a team to support up to 5 adults living in their home. We provide support in health care, self-care, personal development, individualized recreation, and community involvement. Any caregiving experience is valued, and we offer on-the-job training. Up to \$1,000 hire-on bonus for all positions! If you're interested in learning more, visit <https://www.lсахomes.org/apply>

YOU CAN BE A SPONSOR AND BECOME A SPEAKER

You can help LSA ease the housing crisis for intellectually and developmentally disabled adults in our county by sponsoring our yearly fundraising event, Home is Where the Heart Is— sponsorships for this event range from \$500 to \$10,000. By becoming a sponsor, you can help renovate and furnish our 16th home to provide more adults with developmental disabilities the opportunity to grow and thrive. For more information, visit <https://bit.ly/givelsa2024> or contact cmoretan@lсахomes.org with any questions. Join us in creating home and changing lives.



creating home
changing lives

260 W Hamilton Ave
Campbell, CA 95008



FEBRUARY 2024 • WINTER

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MONTHLY GIVING

Making a difference, one month at a time. Making a recurring donation is one of the easiest and most effective ways to make a meaningful impact in the lives of the people LSA serves. Recurring gifts make a difference

month after month and allow LSA to focus on offering our residents a chance to live their best life now and beyond. A monthly gift can be anywhere from \$10 to \$1,000 (or any amount you choose) and it all makes a difference.

Why give monthly?

- Easy to fit giving into your monthly budget.
- Recurring donations are sustainable, allowing LSA to take long-term approaches to expanding services
- It adds up and makes an impact!